

## Proposal

### Community Clinic Volunteer- La Ceiba, Honduras Summer 2009

The Mount has prided itself for its excellence in academics, a beautiful campus, and for its unique service learning program. As a Spanish and Gerontology double major I've had a chance to give back to my community by volunteering at the Carondelet Center and in the ER at LA County Hospital. My professors and advisors continually remind me of the importance of hands-on learning.

I've always wanted to study abroad but never had the opportunity to; however when I heard about the "Globetrotter grant" I thought about going to help in a clinic in my native country of Honduras. Honduras is a small country in Central America and one of the poorest in the Western hemisphere. The country has a high incidence of people with HIV/AIDS as a result of unsanitary conditions and no health education. Due to lack of funds the current healthcare system is fragmented; not many people are able to receive adequate medical treatment.

Although I am not a pre-med major, I have a genuine interest in helping people and making them feel better. While volunteering in the ER, I've learned numerous skills, such as bandaging a wound, reading medical charts, conducting a patient medical history—all skills that can benefit a clinic or hospital in Honduras. I wish to volunteer in La Ceiba, Honduras in a clinic over the summer for 4 weeks, through an organization called AmeriSpan.

Please see below for the projected cost:

Cost of program for 4 weeks= \$795

(This includes meals, lodging, placement in clinic, and airport pick-up)

Airfare= \$700

(Depart on Sunday May 10<sup>th</sup>, 2009 and return Sunday June 7<sup>th</sup>, 2009)

Tourist fees/departure fees: \$97

Miscellaneous Monies= \$200

(Spending money, internet use, emergencies)

**Total= \$1792**

Funds available= \$0 (I will fundraise an estimated \$500)

The currency exchange is 19.32 Honduran Lempira for every US dollar; consequently a dollar will go very far in Honduras. Please help me make a difference in La Ceiba.

Thank you!

Below are pictures of the typical community clinic in La Ceiba, Honduras.

